

# ABOUT US

### Who is CASS?

CASS was founded in 1967 as a project to support isolated seniors in Cincinnati. The first service provided was Meals on Wheels to seniors in downtown Cincinnati, Mt. Auburn and Over-the-Rhine. More than 50 years later, CASS is now Greater Cincinnati's leader in providing support services to seniors. The CASS mission is to provide enhanced stability and safety for seniors who desire to remain independent by addressing their needs and providing accessible, relevant services.

#### Who does CASS serve?

CASS provides essential services to people age 60 and older, allowing them to age with dignity and independence. Services include home-delivered meals, transportation, and personal financial management.

#### What does CASS do?

Each year, CASS serves more than 4,000 seniors. Many seniors do not have a support system to help them with their meals, transportation, social interaction or financial management. CASS delivers approximately 1,300 meals daily to homebound seniors. In addition, CASS provides free breakfast and/or lunch at eight community locations across Greater Cincinnati, providing 50,000 meals a year. These services help to combat the inadequate access to food many older adults in Cincinnati face as well as to provide socialization. CASS has a transportation program to take seniors to medical appointments, grocery stores, pharmacies, and senior centers. CASS provides more than 35,000 trips to seniors annually. CASS operates its Personal Financial Management program in which social workers manage the finances of more than 200 seniors. CASS also runs its Senior Care Coordination program for older adults needing even more services. The Personal Financial Management and Senior Care Coordination programs help seniors avoid homelessness and protects them from exploitation and fraud.

#### What's the impact of CASS?

CASS consistently achieves outcome goals set by the United Way of Greater Cincinnati and other organizations. Additionally, CASS has been honored for its work. In 2017, the Ohio Association of Area Agencies on Aging selected CASS for its Outstanding AAA Partnership of the Year award. CASS was honored for significant contributions and innovative approaches to improve senior services. The Council on Aging of Southwestern Ohio nominated CASS for the award, citing numerous examples where CASS made a difference in the lives of at-risk seniors, including the latest successful campaign to pass an increase in Hamilton County's senior services levy. In 2016, the Association for Professionals in Aging honored Connie Baker, our Chief Operating Officer, with its Outstanding Service Provider of the Year award and, in 2017, honored Tracey Collins, our Chief Executive Officer, with its Outstanding Leader in the Field of Aging Services award.

644 Linn Street, Suite 304 Cincinnati, OH 45203 Phone 513-721-4330 | Fax 513-721-8304 www.cassdelivers.org

## HOW TO CONNECT WITH CASS PROGRAMS

#### Meals on Wheels

Good nutrition is critically important for seniors, but it can be a challenge for many of them. CASS delivers well-balanced meals to seniors daily. While doing so, our meal delivery drivers also check on their wellbeing. In Hamilton County, the Council on Aging of Southwestern Ohio oversees Meals on Wheels programs and determines which seniors qualify for free home-delivered meals. For seniors who do not meet the financial criteria but would like to receive the meals, there is a private pay option. To learn more, please call 513-721-0445.

#### Transportation

CASS provides group transportation to stores, community centers, social outings, sporting events and more to people age 60 and older, making it possible for them to be out in the community and engaged in everyday activities. Additionally, every Wednesday we take seniors in Walnut Hills to the Kroger store in Coryville. We also provide transportation to medical appointments for individual seniors. To learn more, please call 513-721-0375.

## **Congregate Meals**

We serve breakfast and/or lunch to seniors at various times and days at the locations below. To learn more, please call 513-721-4330.

- Sharonville Community Center (Mon)
- Delhi Senior Center (Wed)
- Over-the-Rhine Senior Center (Mon-Fri)
- Miami Senior Center in Cleves (Mon-Fri)
- Maple Tower Senior Housing (Mon-Fri)
- Anderson Senior Center (Mon-Fri)
- Booth Senior Housing (Mon, Wed, Fri)
- Green Township Senior Center (Mon, Tues, Wed, Fri)

## **Over-the-Rhine Senior Center**

Our Over-The-Rhine Senior Center is a warm home-away-from-home environment where senior adults can interact with other seniors and enjoy group outings, bingo, guest speakers, grocery store trips and more. The center is one of our eight congregate meal locations. It is open Monday-Friday from 8:30 am-2 pm. To learn more, please call 513-381-3007.

## **Personal Financial Management**

This program provides money management for seniors who need help handling their finances, including organizing their bills and dealing with creditors. When seniors are unable to handle their finances, their health and well-being is jeopardized. They face eviction or foreclosure, utility shut off and loss of their life savings. If the issues are not resolved, the only option may be nursing home placement. This program, also known as Representative Payee, stabilizes a senior's situation to meet their most immediate and basic needs. The program is a lifeline, providing a safety net to keep vulnerable seniors safe and healthy at a fraction of the cost of nursing home care. To learn more, please call 513-721-4330.

#### **Senior Care Coordination**

Senior Care Coordination is for older adults who want assistance beyond our Personal Financial Management service. Senior Care Coordination is a program offered by CASS that provides customized care coordination, support and guidance for clients. The program partners seniors with a specialized, caring professional who helps them with a wide range of services. Senior Care Coordination provides high quality, comprehensive care management, no matter how little or how much assistance clients need. This is a private pay program. Fees are per hour or per month. To learn more, please call 513-721-4330.



CASS is supported by the Hamilton County Elderly Services Tax Levy, the Council on Aging of Southwestern Ohio, the Ohio Department on Aging, the United Way of Greater Cincinnati, foundations, gifts and donations.

Agency Partner

January 2020